



**CIRCLE
OF EXCELLENCE 2024**



Opal Dy
Circle of Excellence

Opal Dy, a clinical nurse specialist at Arrowhead Regional Medical Center in California, led an ambitious quality improvement initiative to address rising CLABSI and CAUTI rates. He played a pivotal role in revamping the

charge nurse report sheet, enhancing clarity in device utilization. This effort was bolstered by fostering collaboration through interdisciplinary rounds and improving communication among RNs, staff, physicians and managers. A key strategy was instilling a culture of being a data-driven service line. Monthly ICU data on device usage was shared openly with all staff, reinforcing this approach. Further, Opal introduced a unit-specific infection-control award program, maintaining staff enthusiasm and ownership over the project. These efforts led to remarkable outcomes: Central line SURs decreased by 38.8%, urinary catheter SURs by 39.8%, CLABSI rates dropped 79% and CAUTI rates were reduced by 6.25%.