



Catelin Sayen Circle of Excellence

Catelin Sayen is director of nursing in the medical respiratory ICU at Temple University Hospital in Pennsylvania. As director of nursing for a complex and diverse medical respiratory ICU, Catelin creatively engages the team,

hardwiring awareness of quality and patient safety goals. Her approach starts with public posting of quality data, including ongoing totals of fall-free, CAUTI-free and CLABSI-free days. She leads by example, including daily evaluation of central venous catheters and indwelling urinary catheters during interdisciplinary rounds, successfully engaging physician leadership, advanced practice providers and bedside staff to evaluate invasive devices and enculturate quality and safety initiatives. Empowering staff and charge nurses to advocate for protocol-directed invasive line and indwelling catheter removal played an integral part in decreasing CVC days by 67% and indwelling catheter days by 71%. CLABSI reduction was sustained by greater than 69% and CAUTI reduction by 79%.

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